



Cash Flow Worksheet

1. Monthly Income Examples

Salary (after taxes)	\$ _____
Unemployment Income	\$ _____
Interest	\$ _____
Alimony	\$ _____
Child Support	\$ _____
Other Income	\$ _____
Total Income	\$ _____

2. Monthly Cash Expenses Examples

Rent or Mortgage	\$ _____
Gas and Electric	\$ _____
Telephone	\$ _____
Car Payment	\$ _____
Commuting/ Transit	\$ _____
Child Support Expense	\$ _____
Child Care	\$ _____
Credit Card Payments	\$ _____
Loan Payments	\$ _____
Health Insurance	\$ _____
Other Insurance	\$ _____
Groceries	\$ _____
Clothing Expenses	\$ _____
Household Operation	\$ _____
Medical Expenses	\$ _____
Entertainment	\$ _____
Vacation	\$ _____
Other Expenses	\$ _____
Total Expenses	\$ _____

3. Monthly Cash Flow

(Total Cash Income – Total Cash Expenses) \$ _____